

Lesson 1 - SOMETHING TO GROW BY

Asking Jesus Christ into your heart is only the beginning of the Christian life. There is more, "much more" as Romans 5:10 tells us.

You have been born again, but when you were first born into the world you didn't start life with a full-grown body - you were just a baby. The Bible tells us that you begin your new spiritual life exactly the same way. From the time you receive Jesus, you also begin to grow spiritually.

Listed below are four helps to Christian growth. This lesson and those to follow will help you grow in each of these four ways:

1. **BIBLE STUDY**

As your body could not grow big and strong without nourishment, as a Christian you must also have food of the spiritual kind, the Word of God. "Man shall not live by bread alone, but by every word that proceeds out of the mouth of God" (Matthew 4:4).

2. **PRAYER LIFE**

Many people don't understand what prayer is all about - it's really just talking to God and letting God talk to you. Prayer builds confidence, hope and a joy in every situation of life. Prayer develops your relationship with Jesus. "Be careful (anxious) for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus" (Philippians 4:6-7).

3. **CHURCH**

When you received Christ you became one of God's children (John 1:12). You need to attend church and have fellowship in the same way a child needs the love and support of his family. That's why God says, "Let us consider one another to provoke unto love and to good works; not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching" (Hebrews 10:25).

4. WITNESSING

Witnessing means to tell other people what has happened to you. Now that you're a Christian and have had your sins forgiven you can tell others the "Good News" of Jesus and what He will do for those who turn their life over to Him! Many verses in these lessons will help you point others to Christ and make you a better witness.

READY TO GO!

Start each study time in prayer. Only the Holy Spirit is able to "lead you into all truth" (John 16:13). Conversion is the beginning of a new life in Christ. God's purpose in creating living things is that they grow and develop according to His plan. This new life is described in the Bible as a new creation (2 Corinthians 5:17). As you follow Jesus your life will become real and exciting.

WHAT HAS HAPPENED TO YOU?

Before beginning, please read: Matthew 4:18-22; Luke 9:57-62; John 12:16-26; Galatians 5:16-26; Philippians 3:1-11.

Answer in the following questions your own words

1. What kind of life does Jesus give to those who trust Him? (John 10:10, 28)

2. How did Jesus save you? (Romans 8:3)

3. How do I confirm my own salvation? (Romans 10:9-10)

4. What has happened to my old desires? (Romans 6:6-14)

ow can I s	show the Lord that I love Him? (John 14:21-24)
/hat are so	ome ways I can show others God's love? (I John 3:16-18)
s the Holy 3)	Spirit has full control in my life, what can I expect to see? (Galatian
s there an	y way to heaven besides Jesus? (John 14:6)
/hat will se	eparate you from the love of God? (Romans 8:38-39)
Write	out the following scriptures just as they are in your Bible:
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Roman	s 5:8
Ephesia	ins 1:13
Someth	ning has happened to you. How do you feel that your life has been
	d?

MEMORY VERSE

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

(Philippians 4:6-7)

Any Questions?

Please feel free to contact us with any questions you may have:

Email: rmcc@rmcalvary.org
Phone: 719.597.1133