**2022 RISE High School: Spring Retreat**

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**Welcome to the 2022 Rise High School Spring Retreat: *One at a Time.*** We have been praying for you and your family and are extremely excited to have you join us. We have a full, fun weekend planned. This will be a time of learning to lead others ‘One at a Time’, to love others ‘One at a Time’, and to share Jesus ‘One at a Time’.

Students will meet at **RMC to check in between 3:00pm - 3:30pm on Friday, March 25, 2022*.*** We will gather in the high school room to pray, discuss expectations, and finalize any last-minute details from 3:30pm - 4:00 pm.

**Bus DEPARTS for *Quaker Ridge Camp* promptly at 4:15.** Please do not be late.

* **\*\*\***If you have a timing conflict regarding *check-in* **or** *departure,*please communicate this information to **Tim Balagat: (719-597-1133 or timb@rmcalvary.org)** as soon as possible. Doing so will provide the most opportunity to make accommodations for those who need it.

**Bus RETURNS to RMC between 12:30pm - 1:00pm on Sunday, March 27, 2022.**

* Please be prepared to pick up your student by 1:30pm. We will feed your student lunch.
* If you have any questions or concerns, please contact **Tim Balagat: 719-597-1133 or timb@rmcalvary.org.**

**THINGS TO BRING:**

* Bible (hard copy), journal, and flashlight or headlamp
* Personal toiletries
* Towel and washcloth (no linens provided)
* Sleeping bag/blankets and pillows (no linens provided)
* Warm jacket for cold weather (especially at night)
* Beanie or hat, as well as warm gloves, in case they become necessary
* Clothing appropriate for youth group context and weather conditions
* Shoes for hiking or outside activities
* Any special medications (please let your assigned leader know upon arrival what your medications are and how to take them, in case of emergency)
* Snack foods, in case you get hungry between meals
* Water bottle

**PLEASE DO NOT BRING:**

**YOU WILL BE SENT HOME AT YOUR OWN EXPENSE**

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* Alcohol, marijuana, or illegal substances
* Weapons of any kind, such as knives, guns, etc.
* Pornographic materials of any kind
* A poor attitude: everyone will be treated with respect and kindness
* **Cell phones will be permitted between sessions for the purposes of photographs only.**
* Our desire is to growin relationship with the Lord and with one another; cell phones often create barriers to this process. If students are observed browsing, engaging on social media, or playing video games on devices, they will receive an initial warning, followed by their device being collected for the remainder of the weekend. Students whose devices are collected while at camp, will get them back when we return to RMC at the conclusion of the weekend. It’s okay to bring devices, but please use them in a manner consistent with spring retreat expectations. We don’t need or want any distractions.

**Emergency Contact Info**

During the retreat, we will carry emergency contact information for every student and communicate any concerns to parents/guardians as soon as possible.

We will do our best to be available to you at all times in case an emergency at home should arise and you need to get into contact with your child.

* Please use the following contact phone number for an at-home emergency only, thank you.

o Tim Balagat: 719-502-7525 o

* TeamReach app: We will use TeamReach to share updates and other applicable information. You can also contact Tim via the app. Download the TeamReach app on your mobile device. Contact Tim with your student’s name and grade at timb@rmcalvary.org to get the code and password for TeamReach.